

# UNLOCK LEARNING WITH THE SPECIALISTS.

### TRAINING CATALOGUE

DEVELOPED AND DELIVERED BY THE SUBJECT MATTER EXPERTS







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## INTRODUCTION TO WAFNI

Women's Aid Federation Northern Ireland (WAFNI) is the lead voluntary organisation challenging and addressing domestic abuse in Northern Ireland.



WAFNI is the umbrella body of eight Women's Aid groups across Northern Ireland, who provide specialist support services to women, children and young people affected by domestic abuse.

#### WHAT DOES WAFNI DO?

WAFNI promotes regional collaborative working across all Women's Aid groups and provides a regional lead in areas of training development, preventative education, strategic development of children and young people's services, policy response and advocacy.

#### WHAT TRAINING DOES WAFNI OFFER?

We offer a wide range of specialised training created and informed by over 45 years experience of supporting victims and survivors of domestic abuse. These bespoke courses can be adapted to suit the needs of all learners, from webinars, hybrid learning and in person learning facilitated by our specialist trainers.

#### HAVE A SPECIFIC QUESTION? WE'RE HERE TO HELP.

**O** 02890 249 041

TRAINING@WOMENSAIDNI.ORG

## IN PERSON TRAINING



Women's Aid Federation Northern Ireland recognise the significance of delivering in person training courses, providing direct support to participants and their wider organisations.

WAFNI strive to deliver the most effective training packages to suit the needs of your organisation, employees and/or customer or client base.

We offer bespoke training packages to meet your training requirements and continue to raise awareness of Domestic Abuse.

WAFNI are pleased to offer a range of training courses expertly facilitated by our dedicated team of trainers. These courses allow learners to gain skills and knowledge in a range of areas relating to Domestic Abuse for example:

- Domestic Abuse Awareness
- Impact of Domestic Abuse on Children & Young People
- Understanding Trauma & Vicarious Trauma
- Risk Assessment (DASH & MARAC)
- Trauma Informed Practice
- Understanding Coercive Control
- Workplace policy & The Domestic Abuse (Safe leave) Act
- Supporting victims and survivors of Financial Abuse
- Knowledge and understanding of legislative developments relating to Domestic Abuse.

These are examples of areas we cover, please get in touch if the area you are interested in is not listed above.

Please visit our website to register your interest.





# DO YOU WORK IN THE HOUSING SECTOR?

## ARE YOU WORKING WITH MORTGAGES, RENTS AND ARREARS? ARE YOU DOMESTIC ABUSE AWARE?

WAFNI can offer training packages to upskill your staff team to recognise the signs of Domestic Abuse, manage disclosure and provide appropriate pathways to support.

**Contact us** for more information on Domestic Abuse Awareness training packages, specifically designed for the Housing Sector.



#### DO YOU WORK IN HR OR POLICY?

Are you writing Domestic Abuse policies?

Do you have Domestic Abuse champions in your workplace?

WAFNI can assist you with policy development in your workplace, particularly with the implementation of the Safe Leave Bill. For more information on the Safe Leave Bill see page 13 or **click here.** 

**Contact us** for more information on Domestic Abuse Awareness training packages, specifically designed for your workplace to get Safe Leave ready.



# ARE YOU A TEACHER OR EDUCATION PROVIDER?

WAFNI can offer bespoke training packages to upskill your staff team to recognise the signs of Domestic Abuse, manage disclosure in children and adults, and provide appropriate pathways to support.

We can support you in understanding how Domestic Abuse impacts children and young people.

Please see Domestic Abuse Children & Young People Webinar on page 11 or for more information on Domestic Abuse Awareness training packages, specifically designed for the Education & Childcare Sector please **contact us**.



#### DO YOU WORK IN THE MEDICAL SECTOR?

Can you spot the signs of Domestic Abuse?

Do you know how to complete Routine Enquiry appropriately?

WAFNI can offer bespoke training packages to upskill your staff team to recognise the signs of Domestic Abuse, manage disclosure and provide appropriate pathways to support.

In particular, we can assist you with an understanding of Routine Enquiry and how to assist victims and survivors of Domestic Abuse.

**Contact us** for more information on Domestic Abuse Awareness training packages, specifically designed for the Medical Sector.



# DO YOU WORK IN THE FINANCE SECTOR?

Can you spot the signs of Financial Abuse?

WAFNI can offer bespoke training packages to upskill your staff team to recognise the signs of Financial Abuse, understand the impact this can have on women and children, manage disclosure and provide appropriate pathways of support to tackle Financial Abuse.

**Contact us** for more information on Domestic Abuse Awareness training packages, specifically designed for the Finance Sector.



## DO YOU WORK IN THE NIGHT TIME ECONOMY?

Do you work in a hotel, pub or restaurant? Can you spot the signs of Domestic Abuse?

WAFNI can offer bespoke training packages providing knowledge and understanding of Domestic Abuse, manage disclosure, support employees and customers and provide appropriate pathways to support.

**Contact us** for more information on Domestic Abuse Awareness training packages, specifically designed for the Nighttime Economy.

### **WEBINARS**



WAFNI are pleased to offer a selection of interactive webinars, expertly facilitated by our dedicated team of trainers. These allow learners to gain skills and knowledge in a range of areas relating to Domestic Abuse.

- Domestic Abuse Awareness
- Impact of Domestic Abuse on Children & Young People
- Understanding Trauma & Vicarious Trauma
- Understanding Coercive Control
- Workplace Policy & The Domestic Abuse (Safe leave) Act

Webinars usually last 3 hours. However, this can be adapted to meet your training needs, specific to organisational requirements.

**Contact us** to find out more about our webinar training packages or see information below.



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## DOMESTIC ABUSE AWARENESS

"Excellent course which makes you think and consider domestic abuse etc and that abuse comes in different shapes and sizes."



#### **ABOUT**

The aim of this training is to provide attendees with an understanding and awareness of Domestic Abuse and its impact on those who experience it.

#### **PURPOSE**

This course will aim to equip attendees with the confidence and knowledge to respond to disclosures effectively, safeguard others and share sensitive information safely and appropriately. This course will provide valuable information on specialist support services and referral pathways.

#### WHO NEEDS IT?

Open to any professional, student or individual who supports people who may be affected by Domestic Abuse.



# UNDERSTANDING COERCIVE CONTROL



"Important to keep up to date with changes in law to ensure my knowledge and learning enable me to support women in their journey through criminal process."

"I found this to be very informative and useful with respect to signs to look out for re: coercive control."

#### **ABOUT**

Coercive control is an intentional pattern of behaviour (often used alongside other forms of abuse) which can include threats, excessive regulation, intimidation, humiliation and enforced isolation. It is designed to punish, dominate, exploit, exhaust, create fear, confusion and increase dependency on the victim and/or their children. It can long term lead to a loss of self.

#### **PURPOSE**

This is a trauma informed course, exploring the methods of coercive control used by perpetrators and its impact on victims and survivors of Domestic Abuse. It will also equip attendees with understanding of the relevant legislation.

#### WHO NEEDS IT?

Open to any professional, student or individual who support people who may be affected by Domestic Abuse.



# THE IMPACT OF DOMESTIC ABUSE ON CHILDREN & YOUNG PEOPLE



"Increased knowledge and understanding of attachment theory and impact of trauma on brain development for children. I gained confidence in relation to responding to disclosures."

#### **ABOUT**

The aim of this training is to provide attendees with an understanding and awareness of Domestic Abuse and the impact on those who experience it.

#### **PURPOSE**

This course will aim to equip attendees with the confidence and knowledge to respond to disclosures effectively, safeguard others and share sensitive information safely and appropriately. This course will provide valuable information on specialist support services and referral pathways.

#### WHO NEEDS IT?

Open to any professional, student or individual who support children and young people affected by Domestic Abuse.



# UNDERSTANDING TRAUMA & VICARIOUS TRAUMA



"It was all really thought provoking - the trauma aspect was really interesting and the need for professionals to be mindful of how this fits in their engagement with victims/survivors."

#### **ABOUT**

Vicarious trauma is a term for the emotional changes a person can experience when helping people who have traumatic stories to tell. The aim of this course is to provide attendees with an understanding and awareness of vicarious trauma when working with victims and survivors of Domestic Abuse.

#### **PURPOSE**

This is a trauma informed training course, exploring the nature and impacts of trauma and vicarious trauma. It will aim to equip professionals and those in a supporting role who may experience vicarious trauma.

#### WHO NEEDS IT?

Open to any professional, student or individual who supports people who may be affected by Domestic Abuse.



# WORKPLACE POLICY & THE DOMESTIC ABUSE (SAFE LEAVE) ACT

"By implementing a domestic violence and abuse policy, responding with sensitivity and through effective support, employers could change, and potentially help save lives." Clare Moore, Equality Officer, Irish Congress of Trade Unions



#### **ABOUT**

The aim of this training is to provide attendees with an understanding of effective Workplace policy and how to implement the Safe Leave Bill.

#### **PURPOSE**

This course will aim to equip attendees with knowledge and understanding of the importance of effective workplace policy, how to create trust within their organisation and how to respond to disclosures effectively, safeguard others and share sensitive information safely and appropriately. This course will provide valuable information on specialist support services and referral pathways.

#### WHO NEEDS IT?

Aimed at HR & policy staff, managers and employers. Or anybody who is interested in gaining more understanding of workplace policy and the Safe Leave Bill.



### **E-LEARNING**





Women's Aid Federation Northern Ireland offer a selection of elearning training packages. Our expert trainers have developed these courses offering a self-paced and time-efficient way to enhance your skills and knowledge. The e-learning courses currently available are:

- Domestic Abuse Awareness
- Impact of Domestic Abuse on Children & Young People
- Understanding Trauma & Vicarious Trauma
- Understanding Coercive Control
- Understanding Non-Fatal Strangulation in NI
- Understanding Stalking in NI

**Contact us** to find out more about our e-learning training packages.

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### **TESTIMONIALS**



"I gave OUTSTANDING feedback.
As a teacher and a final year Foundation
Degreestudent in Integrative Counselling
who has done a lot of courses ... and has a
particular interest in Domestic Violence,
I can say the presentation was AMAZING."

Feedback received from a Teacher who completed Domestic Abuse Awareness training



"Introduced me to a subject I didn't have previous experience with."

"Brilliant training. All information relevant and easy to understand."

Feedback received from PSNI who completed training on the Domestic Violence and Abuse Disclosure Scheme



"Excellent presentation - thank you so much for all your professional knowledge and support!!"

Feedback received from a Teacher who completed Preventative Education training



# PRIVACY STATEMENT



As part of our commitment to upholding General Data Protection Regulation (GDPR) 2018, Women's Aid Federation Northern Ireland (WAFNI) will collect data for the purpose of enrolling learners on their training courses. It is important that the personal data we hold about you is accurate and current.

Please keep us informed if your personal data changes during your relationship with us so that we can amend or delete information as appropriate. We will store your data on secure servers using industry standard security protocols/technology. We will never sell, share, or otherwise distribute your data to any other third party without your explicit consent. We will ask only for the minimum information required to enrol on our courses.

For learners within Women's Aid: we require your name, email address, your role within Women's Aid and the year you started employment.

For external learners who purchase a course from us (including those who purchase for others): we need to process your name; email address; and other data that allows us to process your order such as courses and quantities required, billing/invoice address and payment details.

The above rules apply regardless of whether data is stored electronically, on paper or on other materials.

Our e-learning courses are hosted by Nimble Learning Management System (LMS).

Some links within our courses will direct you away from our site. We are not responsible for the privacy practices of other sites and we encourage you to read their privacy statements.

# CANCELLATION POLICY



We understand that circumstances can change and we will be as accommodating as possible if a cancellation or refund has to be made.

#### **PLEASE NOTE:**

- Cancellations 14 days or more prior to the training: we will issue you 100% refund.
- 8 to 14 days before the date: we will issue you 50% refund.
- Less than 7 days before training date: non-refundable.
- Non-attendance: non-refundable.
- Cancellations must be made in writing and may be subject to an administration charge.
- If you have to cancel, you could send someone else from your organisation, however notification of this needs to be sent to Women's Aid Federation NI at least 1 week prior to training date.

In the unlikely event that Women's Aid Federation NI have to cancel the training event we will endeavour to inform all participants in a timely manner and enrol you on a future training date to fulfil your training registration and payment.

Please try and contact us as soon as possible if you require a change in circumstances.

Please remember, Women's Aid Federation NI is a registered charity and any cancellations will have a significant impact on our work. We're extremely grateful for your continued support and look forward to meeting your future training requirements.



Women's Aid Federation Northern Ireland provides training that is tailored to individual organisational needs.

We know, with quality training delivery, you can be confident in your quality-of-service provision to staff, customers and clients.

With effective and informed training and support, we will help your organization grow in expertise and understanding to help tackle the issue of Domestic Abuse.

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#### **HOW TO CONTACT US:**

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